

Invisalign

Pre-Treatment Patient Instructions and Consent

Keep your trays in at all times i.e. **Wear aligners 24 hours a day**, unless you are eating, drinking, brushing or flossing.

Patients wear each set of aligners and change to new aligners in **two-week intervals**.

You will receive two Cases for trays. The cases are colored Red and Blue. Remember the “**Red is dead**” and used for your last aligner. “**Blue is new**” this is to hold your current trays. This case is to be with you at all time. Use the blue case to hold your trays when you eat or clean your teeth.

All dentistry should be stable and completed before invisalign impressions are made and treatment begins.

Teeth need to be **cleaned or deep cleaned** before treatment. No gum disease should be present during treatment with any orthodontics. In other words, brush and floss regularly and keep your scheduled cleaning appointments. It's a good idea to have your cleanings and invisalign trays reviewed at the same appointment.

You can drink water with your aligners in but if you are drinking any other **liquids the trays should be removed** and your teeth should be brushed or at the least rinse with water before replacing aligners. This is especially true for beverages with high sugar content; cola's, juices, etc.

Patients should know that it may be necessary to add **plastic buttons** to your teeth surface in aid in movement.

Some tooth movements may need to be calculatingly **monitored** by Dr Landers. Mostly these movements include extrusion (pulling tooth into position) or tooth rotation. If you are not sure if your treatment includes these types of movements, please ask Dr L. It's rare, but possible, that some of the more difficult tooth movements may not exactly follow the aligners. For this reason, if you notice that your next tray in sequence does not fit or that there is an unusual amount of space between the tray and tooth, please call our office for an appointment. Quite often, difficult movements are accomplished with buttons and/or elastics on your teeth. Any button which is not fully seated is also an indication to call our office. Dr L may need to alter your trays or slow down treatment to allow for proper the tooth movement. In consenting to treatment with clear tray aligners all patients should understand that it may be necessary to add button and elastics to the surface of your teeth.

As to avoid extracting teeth and/or to reduce the amount of relapse after treatment, teeth may be reshaped. Usually this space is created in between teeth. The optical qualities of the aligner should mask the appearance of any **temporary gaps or spaces**.

Photographs are necessary for all patients who partake in clear tray orthodontics.

I hereby give Dr Landers & Associates, and those acting under his permission or upon his authority, to use such recordings for any proper and legitimate purposes.

For **lost aligners** call our office. Your new aligner will shipped in two days. Invisalign charges Our office \$50 per replacement Aligner. Our office will pay for the loss of one aligner. Additional replacement aligners will cost the patient \$50 each.

Do not have any dentistry changed or completed during invisalign treatment, Unless completed by Dr L.

Once you have completed the initial stages of treatment, any **change in your treatment goals** will include an additional fee.

If patient does not wear trays and extends office treatment beyond a four month time period past final treatment date, there may be an extra-charge for office visits.

Each and every case may need **additional time and additional aligners** to complete unpredicted non movement. All tooth are not 100% predictable and additional aligners (at not charge to patient) + additional weeks may be added to the extend treatment if deemed needed after the final aligner in you series of trays is used.

As with all orthodontic procedures, patients must except the fact that they will need to ware some sort of retention i.e. A **post treatment retainer** etc. or the teeth will move or relapse to there old position.

How Long Do You Wear The Last Retainer After Treatment Is Complete

Retainer Schedule:

- Full time for six months
- 4 day time hours + night for 6 month
- 1yr night time only
- 1 yr every other night
- +1 Year four times a week

How long after impression can treatment start?

2 days to send case to Align Technology- two day air

10 days later clincheck is posted for approval.*

2 days clincheck modified and approved by doctor

10 days aligners are shipped after clincheck approval

2 days mail delivery

26 days (At our office it's usually: 18 -21 days)

Legal Name (please print)

Model signature

Date